

MARCH 2011

Tips for a Green Spring Cleaning

- Use baking soda and dried flowers as air fresheners.
- Sprinkle baking soda on your carpet and then vacuum it up as a freshener.
- Open the windows for cool air circulation
- Vinegar can be used to clean almost anything! Plain vinegar cleans windows and kitchen floors, and mixing it with baking soda will clean sinks and re-

move carpet stains.



Contact Us! Recycling Hotline X 1881 recycle@providence.edu

Providence College Office of Environmental Health and Safety

Emily Goodman and Kristen Montano, Student Coordinators

Keep Your Lawn Green without Harmful Chemicals

Campus

Spring is just around the corner, and for many home owners that means it's time to start your home garden and lawn care! While it may seem cheap and easy to treat your lawn with chemical agents, the truth is that once you learn the basics of lawn care the results are both beautiful and cost

efficient.

First, start off by having your soil tested (kits for testing can be found at local gardening stores). Grass grows best with a pH level of 6.5-7. If pH levels are too low, you can add lime-based products or wood ashes to your lawn. If pH levels are too high, either aluminum sulfate or sulfur can be used. Remember: always follow the manufacturers recommendations!

Aerating your lawn is the next step. Doing this makes it easier for water to reach the roots system while watering the lawn. However, one must be sure not to over-water. The cooler hours of the evening are ideal watering times because water evaporation decreases as absorption increases before the sun rises in the morning.

Mulching can also help to

keep your lawn healthy, since mulch replaces those nutri-



ents that are oftentimes removed by mowing and general wear and tear.

You may consider mulching with organic fertilizers such as worm castings, kelp and fish fertilizers, and organic composted materials from your own kitchen.

These tips allow for greener landscaping, a greener lawn, and a little more green in your wallet!







Providence College has impressive statistics for recycling over the past four years, particularly with Mixed Paper, Bottles/Cans, Cardboard, E-Waste, and Batteries. Here are the stats...

2007 Mixed Paper: 61 tons Bottles/Cans: 45 tons Cardboard: 49 tons E-Waste: 5.29 tons Batteries: 0.62 tons 2008 Mixed Paper: 72 tons Bottles/Cans: 51 tons Cardboard: 57 tons E-Waste: 6.6 tons Batteries: (none) tons 2009 Mixed Paper: 92 tons Bottles/Cans: 42 tons Cardboard: 43 tons E-Waste: 6.85 tons Batteries: 0.93 2010 Mixed Paper: 87 tons Bottles/Cans: 44 tons Cardboard: 61 tons E-Waste: 13 tons Batteries: 0.82 tons

2009-2010 showed the first decrease in the Mixed Paper collected, and Bottles/Cans are lower than years past. The recycling initiative is a campus wide effort. Please make sure to place recyclables in the proper containers and help our campus stay as green as possible!



The Chicago River is dyed green the week before St. Patrick's Day

St. Patrick's Day

St. Patrick is the Patron Saint of Ireland. The holiday serves as a religious feast day, and anniversary of his death in the fifth century. Since then, the holiday has become largely a celebration of the Irish culture and its influence across the world.

The first St. Patrick's Day Parade took place not in Ireland, but in the U.S. Irish soldiers serving in the English military marched through New York City on March 17, 1762. Along with their music, the parade helped the soldiers reconnect with their Irish roots, as well as fellow Irishmen also serving in the English army.



Happy St. Patty's Day from the



🙇 Save Some Green by Going Green 🐔

Want to save some money while helping the "green" initiative at the same time? Try some of these tips...

- 1. Use a **surge protector** to plug in things like your computer, phone charger, iPod, hair straightener etc. This makes it easy to turn all these appliances off at once so you'll conserve energy and save on your electric bill.
- 2. Wash your clothes with cold water. By using cold water instead of warm, the average household can avoid emitting 1,280 pounds of carbon dioxide annually and save on energy bills.
- 3. When it's nice out **ride your bike** to do errands, go to work, or class. This saves on gas emissions from entering the air, and saves you money on constantly rising gas prices. If biking isn't an option, **car pool!**
- 4. Borrow instead of buying. Taking books or DVDs out from the library or other rental stores saves you money and the ink, paper, and other materials it takes to make those products.
- 5. **Buying in bulk** saves money in the long run and saves from the amount of waste that the packaging creates.



From The Office of Environmental Health and Safety

Top 10 Most Popular St. Patrick's Day Celebrations in the World

- New York City Parade: Original St. Patrick's Day Parade location.
- 2. Boston Parade: The city of Boston has one of the oldest celebrations in the U.S.
- 3. Savannah, GA Parade: Over 400,000 people attend!
- 4. Chicago: The city holds 2 parades and dyes the river green!
- 5. Montserrat, Caribbean: Celebrations last over a week long!
- 6. Dublin: Celebrations started only in 1995, but now over 1 million people participate in the 6 day celebration.
- Vancouver: Features over 60 different events.
- 8. Toronto: The formal event, "Grand Marshall Ball" kicks off the celebration.
- 9. Sydney: The parade is followed by activities in Hyde Park.
- 10. London: Celebrations are a week long, but the main parade and festival fall on the holiday.